



Client Information



Welcome to **SELF REFLECTIONS STUDIO**

Thank you for choosing SRS.

We specialise in empowering photography sessions including boudoir, cosplay, and creative fitness shoots.

This information sheet will guide you through the process, what to expect, and how to prepare.

What's Included in Your Shoot Fee?

Your shoot fee covers everything needed for a complete experience:

- A personalised, fully directed shoot with up to three styles
- Up to 30 professionally edited, high-resolution images
 - Full personal rights to your images
- Access to our studio wardrobe and accessories
 - Pre-shoot video call
- Custom looksheet and creative planning

Professional hair and makeup is an optional \$250 add on service provided by one of our on call hair and make up specialists, but is by all means not necessary if you'd like to do your own

We ensure that there are no surprise costs or pressure to buy expensive prints. Your images are sent to you as high resolution digital image files and are yours to keep and use however you want.



Let's Get Started!

To help us plan your dream shoot, we'll need a few things from you:

1. Choose Your Shoot Style

Boudoir, Creative Fitness, Cosplay

(or a mix of the three if you are doing a full 3 set shoot).
For example; You can have two sets of Boudoir style and one creative fitness. Feel free to mix and match.



2. Wardrobe Photos

Please send us clear photos of any wardrobe items you're thinking of bringing. This helps us assess how each piece will photograph and how it fits with the style of your shoot.



Need a little extra something? We have a studio wardrobe and accessories including leather jackets, corsets, gloves, necklaces and props that can add texture and drama to your look.

We recommend that clients wear their own lingerie to guarantee the best fit and style to suit you, but during the pre-shoot planning, we are more than happy to guide you through your wardrobe selection for the best outcome.

3. Inspiration & References

Share any reference images you love - poses, lighting, outfits, or concepts you'd like to recreate.

We highly recommend creating a Pinterest board with your favorite inspiration. Once ready, please send us the link.



Your Custom Looksheet

Once we've finalised your shoot concept, wardrobe selections, and inspiration, we'll put together a personalised looksheet for you.

This outlines the distinct photo set(s) we'll shoot, each with its own vibe, outfit, and mood. This also ensures that we are all on the same page about the outcome of the shoot so there is no uncomfortableness on the day.

The image shows three overlapping looksheets, each detailing a different photo shoot concept:

- Licia's Shoot - Fitness:** Includes a "Wardrobe" section with a photo of a blue leotard, "Area(s) & Props" (White Space & Black Backdrop), and "Dumbbells". It also shows "Shot ideas from Licia" and "Additional Shot Ideas" with various fitness-related photos.
- Kristara's Shoot - Backdrop & Stairs:** Includes a "Wardrobe" section with a photo of a black leotard, "Area(s) & Props" (Stool & Chair), and "Shot ideas from Kristara" and "Additional ideas" with various studio and outdoor photos.
- Kristara's Shoot - Kaine Cosplay:** Includes a "Wardrobe" section with a photo of a black leotard, "Area(s) & Props" (Black Backdrop, Prop Swords (if ready)), and "Shot ideas from Kristara" and "Additional ideas" with various Kaine Cosplay photos.

Confirming Your Shoot Plan

Once we send you your custom looksheet, please review it carefully. Let us know if you love the ideas or want any changes.

Once confirmed, we'll book your shoot date and take a 50% deposit to lock it in. Please note, the 50% deposit is non-refundable. If you can't make the date booked in, no worries, we can reschedule for another day.

The Week Before Your Shoot

We want you to feel confident and excited for your shoot. Within the week before your session we'll have a video call with Matt, Jess and April to go over any last-minute questions or excitement and to go over a few things before you arrive on the day.

We recommend creating a Spotify playlist of songs that make you feel empowered or relaxed. Bring it on the day or send us the link in advance.

We're So Glad You're Here

This shoot is about more than just photos.

It's about capturing your strength, your softness, your spark, the version of you that deserves to be seen and celebrated. We're here to guide you through every step, make you feel at home, and create something truly personal with you. If you have any questions or need help along the way, just reach out.

We can't wait to bring your vision to life.



Jess & Matt